

# Heart Lake Conservation Area

## Environmental Importance

Heart Lake Conservation Area (169 ha) in Brampton's Etobicoke Creek watershed includes two kettle lakes, the headwaters of Spring Creek, a wetland, and one of the watershed's largest forest blocks. Its forest, bogs, and wetlands are provincially significant and support diverse plants, reptiles, amphibians, and wildlife. The wetland also filters contaminants and recharges groundwater, helping maintain clean water.

## Medicine Wheel Garden

Inspired by the Sacred Medicine Wheel, the garden creates a sacred space for healing, celebration, and peace. It honors Earth's seasonal cycles, ritual traditions, and the interconnectedness of all beings. The garden was opened in May 2010 in partnership with Toronto and Region Conservation Authority, the Peel Aboriginal Network, Heart Lake Community Action Area Group, and the City of Brampton.

## Picnic Sites

Heart Lake Conservation Area offers many picnic sites for groups of all sizes. We can help you choose the right spot and arrange catering, tents, and entertainment.

For more information, please see [www.picnics.ca](http://www.picnics.ca).



## Wild Wetland Splash Pad and Pool

- Fully accessible 840 sq-metre heated swimming pool
- Over 30 wetland-themed water features
- State-of-the-art water conservation technology
- Located in beautiful park surroundings

## TRAIL RULES & ETIQUETTE

### In case of an emergency, phone 911

- Visitors using trails do so at their own risk and bear full responsibility for their own safety.
- Trail conditions may vary.
- Stay on designated trails and respect trail closures and/or staff direction.
- Mountain Biking preferred on Yellow Trails only.
- Cyclists must wear an approved safety helmet.
- Cyclists yield the right of way to all other users.
- No motorized vehicles permitted.
- Campfires are not permitted.

# Buy your Membership TODAY

## Members enjoy:

### FREE general admission to all six TRCA parks:

- Albion Hills
- Heart Lake
- Petticoat Creek
- Glen Haffy
- Bruce's Mill
- Boyd

### FREE general admission and parking at:

- Black Creek Pioneer Village and Kortright Centre

### FREE Cross-Country Ski Trail admission at:

- Albion Hills

### DISCOUNTS at our pools:

- Albion Hills and Heart Lake



To purchase your membership, please scan QR code or visit [www.trca.ca/memberships](http://www.trca.ca/memberships).

# LEGEND

## TRAILS

- Connector
- Esker Trail
- Lake Trail
- Rayner Trail
- Terry Fox Trail
- Wetland Trail
- Mountain Bike Trail

## PROPERTY FEATURES

- Covered Picnic Area
- Buildings
- Parking
- Picnic Area
- Washroom
- Pool & Splash Pad
- Treetop Trekking
- Trailhead Signs
- Trail Posts
- Fitness Equipment

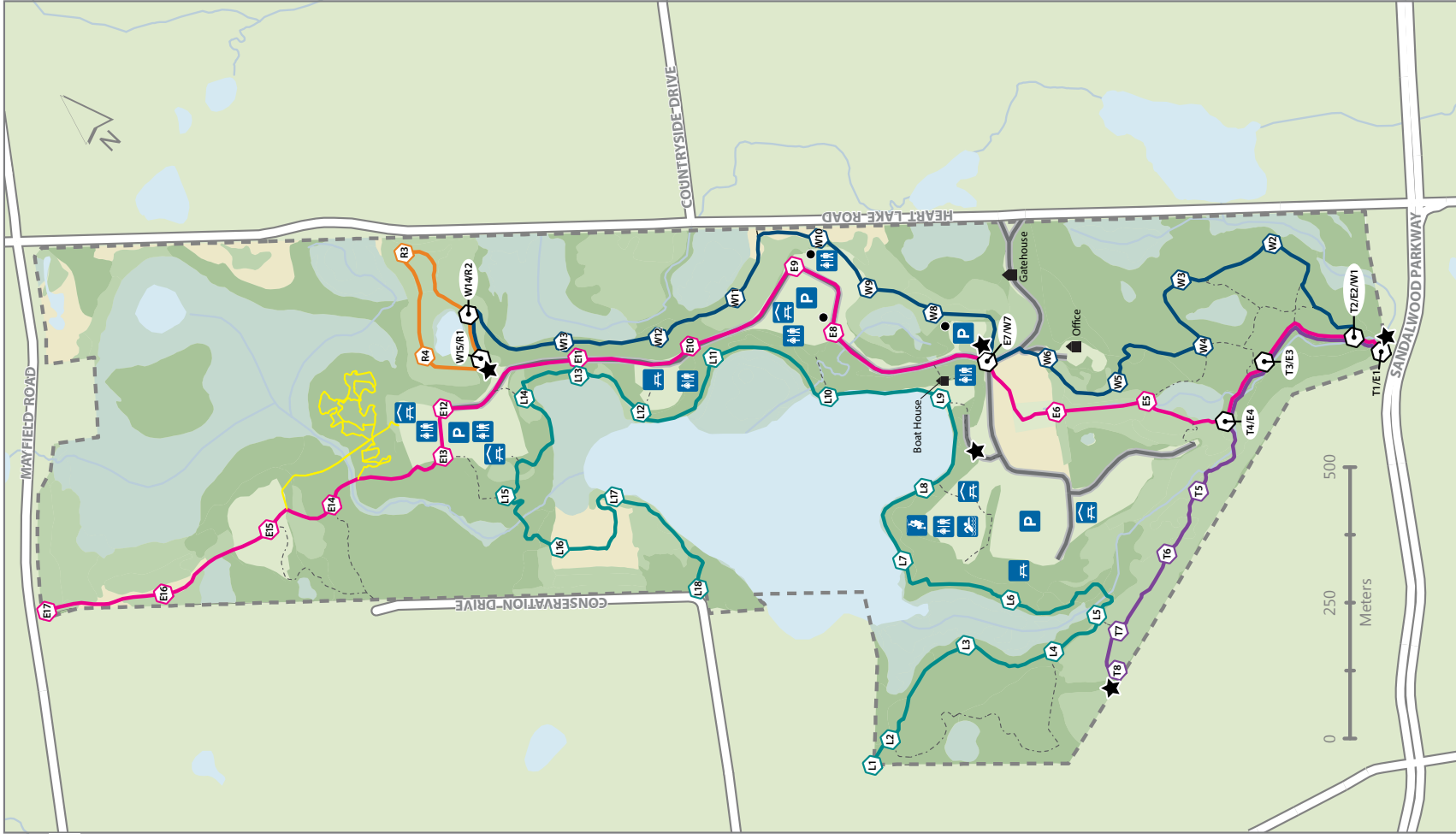
## Park Boundary

- Waterbodies
- Watercourses
- Primarily Deciduous Forest
- Forest
- Meadow
- Wetland

## TECHNICAL TRAIL DIFFICULTY DESCRIPTIONS

- Green circle: Easiest
- Blue square: More Difficult
- Black diamond: Very Difficult

Assigned trail difficulties are a guideline only! These are recommended difficulties for this property. Trail conditions can change at any time. Users must assess their own technical ability, in combination with their own fitness level, before making a choice to enter onto any trail on the property.



TRAILS	TRAIL DIFFICULTY	DISTANCE (KM)	SURFACE	AVERAGE WIDTH (cm)	MINIMUM WIDTH (cm)	AVERAGE SLOPE (%)	MAXIMUM SLOPE (%)	AVERAGE CROSS SLOPE (%)	MAXIMUM CROSS SLOPE (%)
Esker Trail	More Difficult	3.1	Natural Surface, Gravel, Pavement	175	100	0.8	25.2	4.5	32.4
Lake Trail	More Difficult	3.7	Natural Surface, Gravel	150	150	0.3	35.2	8.5	40.0
Rayner Trail	Easiest	0.6	Natural Surface	200	200	1.2	13.7	5.0	27.0
Terry Fox Trail	More Difficult	1.0	Natural Surface	155	100	1.5	29.2	6.0	40.0
Wetland	More Difficult	2.5	Natural Surface	200	100	0.7	31.8	6.5	32.0