

# Heart Lake Conservation Area

# Welcome

Heart Lake Conservation Area, one the largest natural greenspace areas in the City of Brampton, is located within the Etobicoke Creek watershed and takes its name from the spring-fed kettle lake that is roughly shaped like a heart.

Visitors to Heart Lake Conservation Area enjoy fun attractions such as the Wild Wetland Pool and Splash Pad, Treetop Trekking, fishing, boat rentals, picnic areas and over nine kilometers of trails! The park is a popular destination for anglers, as it is stocked with thousands of rainbow trout each year, and has as a vibrant natural bass population.

Please enjoy Heart Lake Conservation Area safely and responsibly.

## Environmental Importance

Heart Lake Conservation Area occupies 169 hectares in the Etobicoke Creek watershed, within the City of Brampton. Its diverse ecosystem includes two kettle lakes, the headwaters for Spring Creek, a wetland, and one of the largest individual blocks of forest in the Etobicoke Creek watershed. The Forest, Bogs, and Wetlands are so unique that they have been identified as Provincially significant.

The wetlands in and around the conservation area contain several species of reptiles and amphibians, aquatic and terrestrial plants and a variety of wildlife, all of them intertwined to support life. The wetland itself acts as a filter for water, catching contaminants and nutrients, thus allowing the groundwater areas to be recharged providing access to clean water.

## Groups and Education

### Day Camps

During the summer months, Heart Lake Conservation Area plays host to numerous day camps and daycares. We offer an ideal location with many shaded areas, picnic shelters, open fields, and plenty of washrooms. Special permit pricing applies.

### Picnic Sites and Private Functions

With numerous picnic sites located throughout the park, Heart Lake Conservation Area can accommodate groups, both large and small. We can help you determine the best site for your group and can even set you up with caterers, tent rental and entertainment companies.

For more information, date availability or to book an appointment to visit the facilities, please call 416-667-6295 or visit: [www.TRCAparks.ca](http://www.TRCAparks.ca)

## Medicine Wheel Garden

The concept for a Medicine Wheel Garden originated with the Sacred Medicine Wheel representing an assortment of symbolisms and teachings. It is the creation of a sacred space for healing, celebration and peace. It honours Mother Earth's seasonal cycles, represents rituals, and expresses the artistic traditions that all beings are related, and the strength of the circle nourishes life. Together with Toronto and Region Conservation Authority, the Peel Aboriginal Network, Heart Lake Community Action Area Group and the City of Brampton, the official opening of the Medicine Wheel Garden was held in May 2010.



## Wild Wetland Splash Pad and Pool

- Fully accessible 840 sq-metre pool
- Over 30 wetland-themed water features
- State-of-the-art water conservation technology
- Located in beautiful park surroundings

## Energy and Water Efficiency

A system controller ensures that the aquatic playground features only use water when activated by a user pushing an activation button located in the playground. The features are pre-programmed to follow various sequences once activated. Washrooms and the pump house feature energy efficient light fixtures and low flow toilets and faucets.

Visit [www.watersmartpeel.ca](http://www.watersmartpeel.ca) to learn more about water-saving toilets and fixtures.

## ATTENTION

### In case of an emergency, phone 911

- Visitors using trails do so at their own risk and bear full responsibility for their own safety.
- Trail conditions may vary.
- Stay on designated trails and respect trail closures and/or staff direction.
- Mountain Biking preferred on Yellow Trails only.
- Cyclists must wear an approved safety helmet.
- Cyclists yield the right of way to all other users.
- No motorized vehicles permitted.
- Campfires are not permitted.



## Become a Conservation Parks Member Today

### PARKS MEMBERS ENJOY:

- Family & Friends Membership now admits up to 6 people\*.
- FREE general admission to all TRCA Parks including Albion Hills, Boyd, Bruce's Mill, Glen Haffy, Heart Lake, and Petticoat Creek
- FREE general admission and parking\* at Black Creek Pioneer Village and Kortright Centre.
- FREE general admission to all Credit Valley Conservation (CVC) parks, including: Belfountain, Island Lake, Terra Cotta, Ken Whillans
- FREE Cross-Country Ski Trail admission at Albion Hills
- Discounts at our pools and splash areas at Albion Hills, Heart Lake, and Petticoat Creek Conservation Areas, and more!\*
- The knowledge that you are helping conserve natural areas for everyone to enjoy!

\*Some restrictions apply.

Memberships are valid for one year and are easy to buy online at [TRCAparks.ca](http://TRCAparks.ca)

## HEART LAKE CONSERVATION AREA Trail Guide and Map



For more information, please contact Toronto and Region Conservation at 416-661-6600, or visit [www.trca.on.ca](http://www.trca.on.ca).

LEGEND

TRAILS

- Connector
- Esker Trail
- Lake Trail
- Rayner Trail
- Terry Fox Trail
- Wetland Trail
- Mountain Bike Trail

PROPERTY FEATURES

- Covered Picnic Area
- Buildings
- Parking
- Picnic Area
- Washroom
- Pool & Splash Pad
- Treetop Trekking
- Trailhead Signs
- Trail Posts
- Fitness Equipment

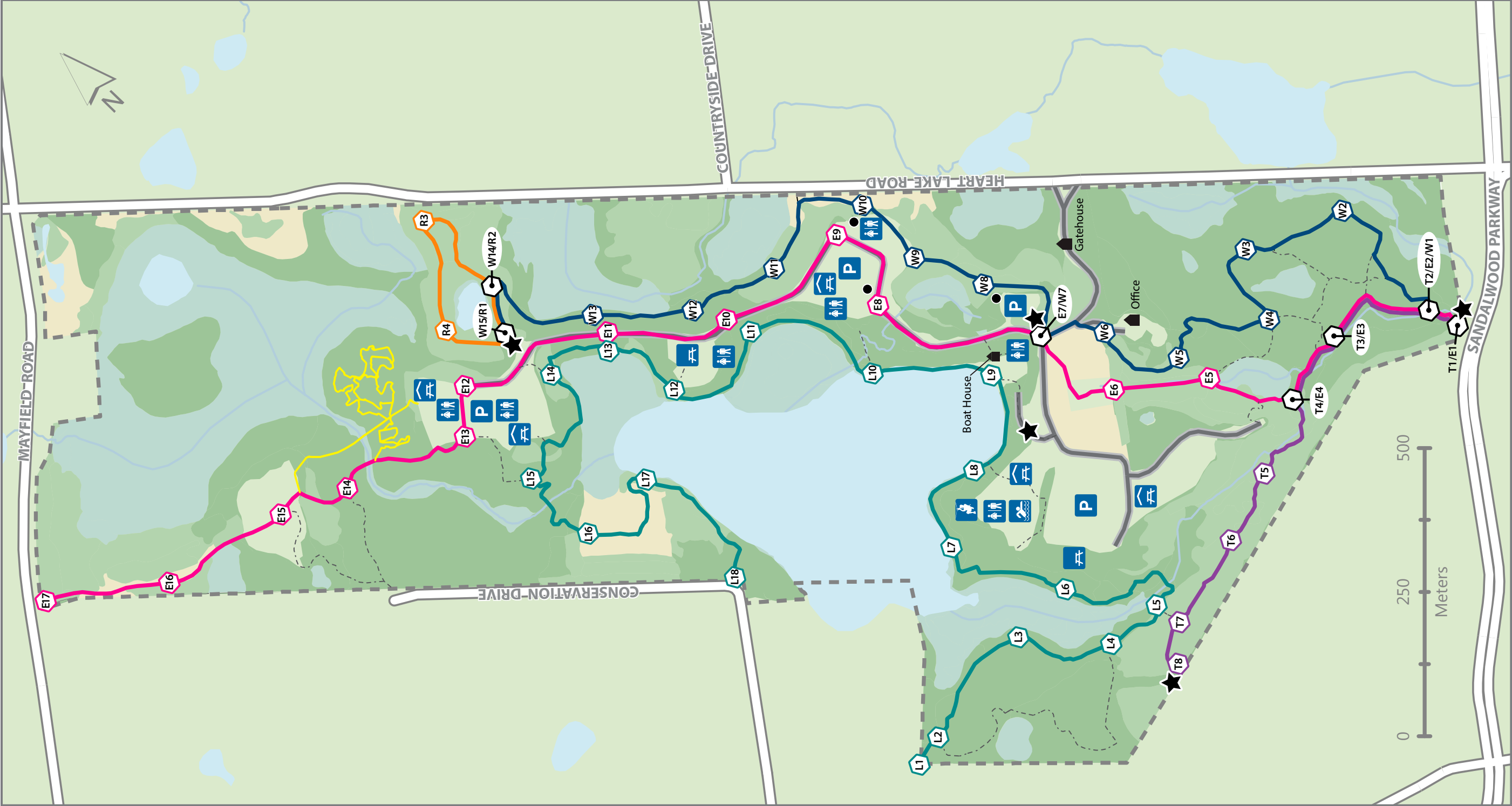
- Park Boundary

- Waterbodies
- Watercourses
- Primarily Deciduous Forest
- Forest
- Meadow
- Wetland

TECHNICAL TRAIL DIFFICULTY DESCRIPTIONS

- Easiest
- More Difficult
- Very Difficult

Assigned trail difficulties are a guideline only! These are recommended difficulties for this property. Trail conditions can change at any time. Users must assess their own technical ability, in combination with their own fitness level, before making a choice to enter onto any trail on the property.



| TRAILS          | TRAIL DIFFICULTY | DISTANCE (KM) | SURFACE                           | AVERAGE WIDTH (cm) | MINIMUM WIDTH (cm) | AVERAGE SLOPE (%) | MAXIMUM SLOPE (%) | AVERAGE CROSS SLOPE (%) | MAXIMUM CROSS SLOPE (%) |
|-----------------|------------------|---------------|-----------------------------------|--------------------|--------------------|-------------------|-------------------|-------------------------|-------------------------|
| Esker Trail     |                  | 3.1           | Natural Surface, Gravel, Pavement | 175                | 100                | 0.8               | 25.2              | 4.5                     | 32.4                    |
| Lake Trail      |                  | 3.7           | Natural Surface, Gravel           | 150                | 150                | 0.3               | 35.2              | 8.5                     | 40.0                    |
| Rayner Trail    |                  | 0.6           | Natural Surface                   | 200                | 200                | 1.2               | 13.7              | 5.0                     | 27.0                    |
| Terry Fox Trail |                  | 1.0           | Natural Surface                   | 155                | 100                | 1.5               | 29.2              | 6.0                     | 40.0                    |
| Wetland         |                  | 2.5           | Natural Surface                   | 200                | 100                | 0.7               | 31.8              | 6.5                     | 32.0                    |