

FLOODS HAPPEN

are you ready?

72 Hour Emergency Kit

Be prepared and use this checklist to create your very own 72-hour emergency kit.

Ideally, your kit should be stored in a waterproof and accessible container.

FOOD & WATER

- ☐ **Drinking Water** - Two litres of drinking water for each person per day (*include small bottles and don't forget about pets!*)
- ☐ **Food** - Three day supply of foods that won't spoil, such as canned food, energy bars and dried foods (*replace once a year*)



EQUIPMENT

- ☐ Manual can opener
- ☐ Flashlights (wind-up or battery powered)
- ☐ AM/FM Radio (wind-up or battery powered)
- ☐ Cooking & eating utensils
- ☐ Duct tape
- ☐ Sleeping bags or warm blankets . . . and pillows (One for each person, in waterproof bag or container)
- ☐ Camp stove and fuel (store fuel in safe, yet accessible location)
- ☐ Batteries (Enough to run all flashlights and radio continuously for 3 days)
- ☐ Long-burning Candle, lighter or matches
- ☐ Basic tools (hammer, pliers, wrench, screwdrivers, work gloves, pocket knife)
- ☐ Whistle and flares
- ☐ Change of clothing for each family member.
- ☐ Two additional litres of water for cooking and cleaning per day.
- ☐ Garbage bags



TOILETRIES

- ☐ First aid kit
- ☐ Toilet paper
- ☐ Cleaning supplies (disinfectant, sanitizer)
- ☐ Household chlorine bleach
- ☐ Water purifying tablets
- ☐ Personal comfort supplies (soap, toothbrush/paste, dry shampoo, comb, tissue, sanitary napkins, razor, sewing kit)
- ☐ Dish soap



PERSONAL DOCUMENTS

- ☐ Emergency Plan
- ☐ Extra keys for your house and car
- ☐ Cash (Include small bills)
- ☐ Copies of important documents, such as birth certificates, insurance policies, and emergency phone numbers



SPECIAL ITEMS

- ☐ Infant needs (diapers, formula, bottles, etc)
- ☐ Prescription medicines taken regularly (consume every six months, and replace with fresh bottle)
- ☐ Pet food and supplies
- ☐ Extra glasses



Types of TRCA Flood Messages

Normal

Generally indicates low flow, and is used as the base flow condition. It should be noted that during Normal flow conditions, the inherent risk to personal safety associated with flowing water still exists.

Watershed Conditions Statement - Water Safety

High flows, unsafe banks, melting ice or other factors could be dangerous for recreational users such as anglers, canoeists, hikers, children, pets, etc. Flooding is not expected.

Watershed Conditions Statement - Flood Outlook

Early notice of the potential for flooding based on weather forecasts calling for heavy rain, snow melt, high wind or other conditions that could lead to high runoff, cause ice jams, lakeshore flooding or erosion.

Flood Watch

Flooding is possible in specific watercourses or municipalities. Municipalities, emergency services and individual landowners in flood-prone areas should prepare.

Flood Warning

Flooding is imminent or already occurring in specific watercourses or municipalities. Municipalities and individuals should take action to deal with flood conditions. This may include road closures and evacuations.

MUNICIPAL ROLE

Municipalities have the primary responsibility and authority for response to flooding and flood emergencies, and also for the welfare of residents and protection of property.

TRCA'S ROLE

1. Support municipal emergency planning by providing technical advice pertaining to flood risk
2. Reduce flood risk by undertaking flood mitigation projects
3. Issue flood messages to municipalities and other agencies
4. Operate Authority dams and flood control structures to reduce the effects of flooding
5. Maintain a local network, collect data, and monitor watershed and weather conditions daily
6. Maintain communications with municipalities and the Ministry of Natural Resources and Forestry

FOR ADDITIONAL INFORMATION:

TRCA Flood Risk Management: trca.ca/conservation/flood-risk-management

Personal Preparedness Tips: www.getprepared.gc.ca

Brought to you by the [TRCA Flood Risk Team](#)

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